



## STUDENT RESOURCE

# Applied Anatomy & Physiology for Manual Therapists, 2nd edition

## Directions for group activities



### Chapter 11: Group Activities

#### Manual Therapy and Lymph Flow Discussion

Work together to complete this concept map and support a discussion about lymph flow. Spend time explaining to one another how each mechanism physiologically creates or influences lymph flow. Then brainstorm how manual therapy could be used to support each mechanism of lymph flow.

