The Ethics of Touch – Chapter 2

ESSAY

1. Write a description of the five boundaries on pages 28-29 using your own words.

ANS: Answers will vary
Difficulty: hard
Reference: 28-29 | ch02
Topic: types of boundaries
Keywords: types of boundaries | the physical boundary | the emotional boundary | the intellectual boundary | the sexual boundary | the energetic boundary
MSC: comprehension

2. Describe boundaries in your own words.

ANS: Answers will vary
Difficulty: hard
Reference: 27 | ch02
Topic: what are boundaries
Keywords: what are boundaries
MSC: comprehension

FILL-IN-THE-BLANK

1. The three areas involved in the intellectual boundary are: ________________.

ANS: thoughts, beliefs, and opinions
Difficulty: medium
Reference: 28 | ch02
Topic: types of boundaries
Keywords: types of boundaries | the intellectual boundary
MSC: knowledge

2. A violation of the sexual boundary is often a violation of ________________.

ANS: the law
Difficulty: medium
Reference: 29 | ch02
Topic: types of boundaries
Keywords: types of boundaries | the sexual boundary
MSC: knowledge
MATCHING

*Give the most common boundary a practitioner may possess during the following circumstances:*

A = permeable
B = semi-permeable
C = rigid

1. The practitioner feels empathy for a client.
   
   ANS: A
   Difficulty: medium
   Reference: 34-37 | ch02
   Topic: boundary models
   Keywords: boundary models | personal boundaries
   MSC: knowledge

2. The practitioner feels fear toward a client who possesses traits of a past abusive relationship.
   
   ANS: C
   Difficulty: medium
   Reference: 34-37 | ch02
   Topic: boundary models
   Keywords: boundary models | personal boundaries
   MSC: knowledge

MULTIPLE CHOICE

1. Which of the following is most crucial to creating an ethical practice and building professional relationships?
   
   A. understanding boundaries
   B. limiting the power differential
   C. avoiding countertransference
   D. adhering to professional standards
   
   ANS: A
   Difficulty: easy
   Reference: 26 | ch02
   Topic: introduction
   Keywords: introduction
   MSC: knowledge

2. Which of the following best describes what relationship boundaries protect?
   
   A. the integrity of each person
   B. a client’s modesty
   C. the practitioner from breaking the law
   D. a person’s vulnerabilities
SHORT ANSWER

1. In a few words, describe why boundaries are difficult to define.

ANS: Answers will vary, but may include the following:
   idiosyncratic
   intangible
   contextual
   elusive
   
DIF: medium
REF: 26-27 | ch02
TOP: introduction | what are boundaries
KEY: introduction | what are boundaries
MSC: comprehension

Give an example of each of the following types of boundaries:

1. Physical

ANS: Answers will vary, but may include the following:
   space
   clothing
   touch
   
DIF: medium
REF: 28 | ch02
TOP: types of boundaries
KEY: types of boundaries | the physical boundary
MSC: comprehension

TRUE/FALSE

1. Knowing the professional standards of one's profession is sufficient in avoiding unethical behavior.

ANS: F
Difficulty: easy
Reference: 26 | ch02
Topic: introduction
Keywords: introduction
MSC: knowledge
2. When considering the physical boundary, it is important to not only consider how comfortable a person is with proximity to another person, but also the context in which the interaction is taking place.

ANS: T
Difficulty: easy
Reference: 28 | ch02
Topic: types of boundaries
Keywords: types of boundaries | the physical boundary
MSC: knowledge