

ESSAY

1. Write a description of the five boundaries on pages 2829 using your own words.

ANS: Answers will vary

Difficulty: hard

Reference: 28-29 | ch02

Topic: types of boundaries

Keywords: types of boundaries | the physical boundary | the emotional boundary | the intellectual boundary | the sexual boundary | the energetic boundary

MSC: comprehension

2. Describe boundaries in your own words.

ANS: Answers will vary

Difficulty: hard

Reference: 27 | ch02

Topic: what are boundaries

Keywords: what are boundaries

MSC: comprehension

FILL-IN-THE-BLANK

1. The three areas involved in the intellectual boundary are: _____.

ANS: thoughts, beliefs, and opinions

Difficulty: medium

Reference: 28 | ch02

Topic: types of boundaries

Keywords: types of boundaries | the intellectual boundary

MSC: knowledge

2. A violation of the sexual boundary is often a violation of _____.

ANS: the law

Difficulty: medium

Reference: 29 | ch02

Topic: types of boundaries

Keywords: types of boundaries | the sexual boundary

MSC: knowledge

MATCHING

Give the most common boundary a practitioner may possess during the following circumstances:

A = permeable

B = semi-permeable

C = rigid

1. The practitioner feels empathy for a client.

ANS: A

Difficulty: medium

Reference: 34-37 | ch02

Topic: boundary models

Keywords: boundary models | personal boundaries

MSC: knowledge

2. The practitioner feels fear toward a client who possesses traits of a past abusive relationship.

ANS: C

Difficulty: medium

Reference: 34-37 | ch02

Topic: boundary models

Keywords: boundary models | personal boundaries

MSC: knowledge

MULTIPLE CHOICE

1. Which of the following is most crucial to creating an ethical practice and building professional relationships?
 - A. understanding boundaries
 - B. limiting the power differential
 - C. avoiding countertransference
 - D. adhering to professional standards

ANS: A

Difficulty: easy

Reference: 26 | ch02

Topic: introduction

Keywords: introduction

MSC: knowledge

2. Which of the following best describes what relationship boundaries protect?
 - A. the integrity of each person
 - B. a client's modesty
 - C. the practitioner from breaking the law
 - D. a person's vulnerabilities

ANS: A
Difficulty: easy
Reference: 26 | ch02
Topic: introduction
Keywords: introduction
MSC: knowledge

SHORT ANSWER

1. In a few words, describe why boundaries are difficult to define.

ANS: Answers will vary, but may include the following:
idiosyncratic
intangible
contextual
elusive
DIF: medium
REF: 26-27 | ch02
TOP: introduction | what are boundaries
KEY: introduction | what are boundaries
MSC: comprehension

Give an example of each of the following types of boundaries:

1. Physical

ANS: Answers will vary, but may include the following:
space
clothing
touch
DIF: medium
REF: 28 | ch02
TOP: types of boundaries
KEY: types of boundaries | the physical boundary
MSC: comprehension

TRUE/FALSE

1. Knowing the professional standards of one's profession is sufficient in avoiding unethical behavior.

ANS: F
Difficulty: easy
Reference: 26 | ch02
Topic: introduction
Keywords: introduction
MSC: knowledge

2. When considering the physical boundary, it is important to not only consider how comfortable a person is with proximity to another person, but also the context in which the interaction is taking place.

ANS: T

Difficulty: easy

Reference: 28 | ch02

Topic: types of boundaries

Keywords: types of boundaries | the physical boundary

MSC: knowledge