



**INSTRUCTOR RESOURCE**

**Massage Therapist’s Guide to Pathology,  
7th edition**

**MTGPs alignment with MBLEx**

The Federation of State Massage Therapy Boards administers a licensing exam (the Massage Board Licensing Exam, or MBLEx) that many massage therapists will have to pass.

*A Massage Therapist’s Guide to Pathology* has all the information learners need to excel in the pathology section of the MBLEx.

As a point of reference, here is the relevant information from the MBLEx Candidate Handbook content outline, available here: <https://www.fsmtb.org/media/1928/mblex-handbook-2019web-version.pdf>

Topic		Location in MTGP 7th ed.
<b>Overview of Pathologies</b>		Chapters 2–12
<b>Contraindications</b>		
	Site specific	Chapters 2–12 in “Accommodations” section of <i>Apply What You Know</i> boxes
	Pathology related	Chapters 2–12
	Special populations	Chapters 2–12, depending on the condition
	Tools	Chapter 1: Practical applications
	Special applications	Chapter 1: Practical applications; throughout in “Accommodations” section of <i>Apply What You Know</i> boxes
<b>Areas of Caution</b>		Chapters 2–12 in “Accommodations” section of <i>Apply What You Know</i> boxes
<b>Special Populations</b>		Chapters 2–12, depending on the condition
<b>Classes of Medications</b>		Appendix C (in online resources)
<b>Guidelines for Professional Practice</b>		