



INSTRUCTOR RESOURCE

Massage Therapist's Guide to Pathology, 7th edition

Bibliography

Chapter Shortcuts

[Chapter 1](#)

[Chapter 2](#)

[Chapter 3](#)

[Chapter 4](#)

[Chapter 5](#)

[Chapter 6](#)

[Chapter 7](#)

[Chapter 8](#)

[Chapter 9](#)

[Chapter 10](#)

[Chapter 11](#)

[Chapter 12](#)

Chapter 1

Introduction

Best, Thomas M., Burhan Gharaibeh, and Johnny Huard. "Stem Cells, Angiogenesis and Muscle Healing: A Potential Role in Massage Therapies?" *British Journal of Sports Medicine* 47, no. 9 (June 2013): 556–60.

<https://doi.org/10.1136/bjsports-2012-091685>.

Centers for Disease Control and Prevention. *Hand Hygiene in Health Care Settings*.

<https://www.cdc.gov/handhygiene/providers/index.html>.

———. "Laundry and Bedding." In *Guidelines for Environmental Infection Control in Health Care Facilities*. 2003.

<https://www.cdc.gov/infectioncontrol/guidelines/environmental/background/laundry.html>.

———. "Nail Hygiene." In *Water, Sanitation & Environmentally-Related Hygiene*.

https://www.cdc.gov/healthywater/hygiene/hand/nail_hygiene.html.

- . “Prion Diseases.” <https://www.cdc.gov/prions/index.html>.
- Crane, Justin D., Daniel I. Ogborn, Colleen Cupido, Simon Melov, Alan Hubbard, Jacqueline M. Bourgeois, and Mark A. Tarnopolsky. “Massage Therapy Attenuates Inflammatory Signaling after Exercise-Induced Muscle Damage.” *Science Translational Medicine* 4, no. 119 (February 1, 2012): 119ra13. <https://doi.org/10.1126/scitranslmed.3002882>.
- Donoyama, Nozomi, Tetsuji Wakuda, Tadashi Tanitsu, Eiko Ishii, and Yoshitoshi Ichiman. “Washing Hands before and after Performing Massages? Changes in Bacterial Survival Count on Skin of a Massage Therapist and a Client during Massage Therapy.” *Journal of Alternative and Complementary Medicine (New York, N.Y.)* 10, no. 4 (August 2004): 684–86. <https://doi.org/10.1089/acm.2004.10.684>.
- Frantz, Christian, Kathleen M. Stewart, and Valerie M. Weaver. “The Extracellular Matrix at a Glance.” *Journal of Cell Science* 123, no. 24 (December 15, 2010): 4195–4200. <https://doi.org/10.1242/jcs.023820>.
- Gilani, Natasha. “Types of Spore Forming Bacteria.” Sciencing. Accessed April 10, 2018. <https://sciencing.com/types-spore-forming-bacteria-2504.html>.
- Infection Control Today. “Washing Infected Material: Advice from the CDC.” January 5, 2015. <https://www.infectioncontrolday.com/laundry/washing-infected-material-advice-cdc>.
- Ingraham, Paul. “Icing for Injuries, Tendinitis, and Inflammation.” PainScience: 2004. <https://www.painscience.com/articles/icing.php>.
- Jabbar, Umair, Julie Leischner, Douglas Kasper, Robert Gerber, Susan P. Sambol, Jorge P. Parada, Stuart Johnson, and Dale N. Gerding. “Effectiveness of Alcohol-Based Hand Rubs for Removal of Clostridium Difficile Spores from Hands.” *Infection Control and Hospital Epidemiology* 31, no. 6 (June 2010): 565–70. <https://doi.org/10.1086/652772>.
- Johns Hopkins Medicine. “Prion Diseases.” https://www.hopkinsmedicine.org/healthlibrary/conditions/nervous_system_disorders/prion_diseases_134,56.
- Kennedy, Ann B., Jerrilyn A. Cambron, Patricia A. Sharpe, Ravensara S. Travillian, and Ruth P. Saunders. “Clarifying Definitions for the Massage Therapy Profession: The Results of the Best Practices Symposium.” *International Journal of Therapeutic Massage & Bodywork* 9, no. 3 (September 9, 2016): 15–26.
- Khan Academy. “Intro to Viruses.” Accessed April 10, 2018. <https://www.khanacademy.org/science/biology/biology-of-viruses/virus-biology/a/intro-to-viruses>.
- Lodish, Harvey, Arnold Berk, S. Lawrence Zipursky, Paul Matsudaira, David Baltimore, and James Darnell. “Viruses: Structure, Function, and Uses.” In *Molecular Cell Biology*, 4th ed. New York: W.H. Freeman, 2000. <https://www.ncbi.nlm.nih.gov/books/NBK21523/>.
- Max Planck Institute for Developmental Biology. “How Bacteria Attack Their Host Cells with Sticky Lollipops.” ScienceDaily. November 12, 2012. <https://www.sciencedaily.com/releases/2012/11/121112090513.htm>.
- Occupational Safety and Health Administration. “Hospital ETool: Healthcare Wide Hazards — (Lack of) Universal Precautions.” Accessed April 10, 2018. <https://www.osha.gov/SLTC/etools/hospital/hazards/univprec/univ.html>.
- Sackett, D. L., W. M. Rosenberg, J. A. Gray, R. B. Haynes, and W. S. Richardson. “Evidence Based Medicine: What It Is and What It Isn’t.” *BMJ: British Medical Journal* 312, no. 7023 (January 13, 1996): 71–72.
- Southern Illinois University School of Medicine. “Inflammation.” In *Histology*. <http://www.siumed.edu/~dking2/intro/inflam.htm>.
- U.S. Department of Health and Human Services, Centers for Disease Control and Prevention. *Guidelines for Environmental Infection Control in Health-Care Facilities*. Atlanta, GA: 2003. <https://www.cdc.gov/infectioncontrol/pdf/guidelines/environmental-guidelines-P.pdf>.
- U.S. Department of Justice, U.S. Department of Health and Human Services. *Access to Medical Care for Individuals with Mobility Disabilities*. July, 2010. Accessed November 12, 2018. <https://www.hhs.gov/sites/default/files/ocr/civilrights/understanding/disability/adamobilityimpairmentsguidance.pdf>.
- U.S. Food & Drug Administration. “Consumer Updates — Antibacterial Soap? You Can Skip It, Use Plain Soap and Water.” <https://www.fda.gov/ForConsumers/ConsumerUpdates/ucm378393.htm>.
- Waites, Ken B. “Mycoplasma Infections (Mycoplasma Pneumoniae): Background, Pathophysiology, Epidemiology.” <https://emedicine.medscape.com/article/223609-overview>.

Waters-Banker, Christine, Esther E. Dupont-Versteegden, Patrick H. Kitzman, and Timothy A. Butterfield. "Investigating the Mechanisms of Massage Efficacy: The Role of Mechanical Immunomodulation." *Journal of Athletic Training* 49, no. 2 (March/April 2014): 266–73. <https://doi.org/10.4085/1062-6050-49.2.25>.
WebMD. "Mycoplasma Infections." Accessed April 10, 2018. <https://www.webmd.com/a-to-z-guides/mycoplasma-infections>.
World Health Organization. "Clean Care is Safer Care: Alcohol-Based Handrub Risks/Hazards." Accessed April 10, 2018. <http://www.who.int/gpsc/tools/faqs/abhr2/en/>.
———. "Normal Bacterial Flora on Hands." In *WHO Guidelines on Hand Hygiene in Health Care*. Geneva: 2009. <https://www.ncbi.nlm.nih.gov/books/NBK144001/>.

[Return to top](#)

Chapter 2

Acne Rosacea

Aldrich, Nely, Meg Gerstenblith, Pingfu Fu, Marie S. Tuttle, Priya Varma, Erica Gotow, Kevin D. Cooper, Margaret Mann, and Daniel L. Popkin. "Genetic vs Environmental Factors That Correlate With Rosacea: A Cohort-Based Survey of Twins." *JAMA Dermatology* 151, no. 11 (November 1, 2015): 1213. <https://doi.org/10.1001/jamadermatol.2015.2230>.
Banasikowska, Agnieszka Kupiec. "Rosacea: Practice Essentials, Background, Pathophysiology." Medscape. Accessed September 27, 2018. <https://emedicine.medscape.com/article/1071429-overview#showall>.
Brazier, Yvette. "What Is Rosacea?" Medical News Today. Accessed December 13, 2018. <https://www.medicalnewstoday.com/articles/160281.php>.
National Rosacea Society. "The Ecology of Your Face: Demodex, Rosacea and You." Accessed November 25, 2014. <https://www.rosacea.org/patients/demodex>.

Acne Vulgaris

American Academy of Dermatology. "Acne: Overview." Accessed December 14, 2018. <https://www.aad.org/public/diseases/acne-and-rosacea/acne>.
Dréno, B. "What Is New in the Pathophysiology of Acne, an Overview." *Journal of the European Academy of Dermatology and Venereology: JEADV* 31, suppl. 5 (September 2017): 8–12. <https://doi.org/10.1111/jdv.14374>.
National Institute of Arthritis and Musculoskeletal and Skin Diseases. "Acne." <https://www.niams.nih.gov/health-topics/acne>.
Oakley, Amanda, Vanessa Ngan, and Clare Morrison (reviewers). "Acne Vulgaris." DermNet New Zealand. Accessed December 14, 2018. <https://www.dermnetnz.org/topics/acne-vulgaris>.
Rao, Jaggi. "Acne Vulgaris: Practice Essentials, Background, Pathophysiology." Accessed December 14, 2018. <https://emedicine.medscape.com/article/1069804-overview>.

Animal Parasites

American Academy of Dermatology. "Head Lice: Overview." Accessed December 14, 2018. <https://www.aad.org/public/diseases/contagious-skin-diseases/head-lice>.
Centers for Disease Control and Prevention. "Body Lice: Frequently Asked Questions (FAQs)," Accessed May 2, 2017. https://www.cdc.gov/parasites/lice/body/gen_info/faqs.html.
———. "Head Lice." Accessed May 2, 2017. <https://www.cdc.gov/parasites/lice/head/index.html>.
———. "Scabies: Frequently Asked Questions (FAQs)," Accessed February 21, 2018. https://www.cdc.gov/parasites/scabies/gen_info/faqs.html.