

# Trail Guide to the Body instructor tools

When instructors require *Trail Guide to the Body* for one of their courses, they automatically gain access to tried-and-true teaching resources. These online tools make class prep and the delivery of engaging lessons quick and easy.



## Audio

- [Terminology audio clips](#) - Create customized online spelling tests by choosing from 300 medical terms found in *Trail Guide to the Body*. These MP 3 files will not only help students learn the correct spelling of terminology but also how to pronounce terms correctly when communicating with other health care professionals.

## Getting Started Resources

- [AOIN spreadsheet](#) - With the customizable AOIN spreadsheet, it's easier than ever to teach AOIN information your way. Expand on an AOIN topic. Or, fill in the gaps. You can even use your customized spreadsheet to create study guides for your students.
- [Trail Guide to the Body instructor's manual](#) - The Instructor's Manual has everything you need to begin transforming your classroom into a rich learning environment. A great quick reference guide, it includes "starter questions" to get students talking and "Two Cents" — a collection of fun facts that can add to the understanding of anatomical structures. Whether you're new to *Trail Guide to the Body* or have been teaching from it for years, this is a great resource for fresh ideas.
- [Trail Guide to the Body classroom activities](#) - Teach palpatory anatomy in all-new ways with tips and activities developed by the author of *Trail Guide to the Body* and instructors who have taught from the text.
- [Trail Guide to the Body curriculum](#) - This template provides 40 hours of detailed lesson plans and syllabi that you can customize to your program's specific needs and use as inspiration for achieving student learning goals.
- [List of synergistic muscles](#) - Want to provide an easy way for your students to study synergistic muscles? Have them download this comprehensive list of muscles that work together to create movement for key body parts. This list is also available at the back of *Trail Guide to the Body*.

## Images

- [Trail Guide to the Body, 6th Edition image library](#) - We allow up to 50 images to be downloaded without special permission. If you need more than that, please let us know. Downloaded images are solely for instructional use. The images and trademarks of the images are owned by Books of Discovery, subject to copyright and other intellectual property laws.

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## PowerPoints

- [Trail Guide to the Body, 6th Edition PowerPoint](#) - The timesaving *Trail Guide to the Body* 6th edition PowerPoint has everything you need to create classroom presentations. You can download the entire 579-slide PowerPoint file with ALL CHAPTERS and more than 800 images. Or, simply download a single chapter by clicking on its download arrow.
- [Trail Guide to the Body, 6th Edition Instructor Overlay Images PowerPoint](#) - Help your students visualize underlying anatomy with more than 200 overlay images superimposed on human models. The Overlay Images PowerPoint includes page numbers for the images, so students can easily follow along in their textbooks and take class notes in the margins. You can download the entire PowerPoint file with ALL CHAPTERS. Or, simply download a single chapter by clicking on its download arrow.
- [Trail Guide to the Body, 6th Edition Trigger Point PowerPoint](#) - Download this extensive PowerPoint presentation for quality illustrations from *Trail Guide to the Body's Quick Reference to Trigger Points*. This easy-to-use resource will help your students learn common trigger point locations and pain patterns for over 100 muscles. You can download the entire PowerPoint file with ALL CHAPTERS. Or, simply download a single chapter by clicking on its download arrow.

## Pre-Learning Stories

- [Pre-learning stories](#) - Take a moment to recall when you were a student, being introduced to a new learning activity or topic. Maybe you had a little anxiety or even excitement about this learning adventure. The following pre-learning stories, from esteemed educators, offer that same fresh experience and will prime your students for what each new chapter will bring.

## Test Bank

- [ExamView for Trail Guide to the Body](#) - Build tests or quizzes in just a few clicks with ExamView® Test Banks. These customizable assessment tools can work independently or alongside of Moodle, Blackboard, and other course management systems. Select from over 2,000 questions from lessons in *Trail Guide to the Body*. Question types include identifying structures using the textbook's illustrations; multiple choice questions; matching questions; crossword puzzles; and word finds.

## Trigger Points

- [Quick Reference to Trigger Points instructor resource](#) - Easily locate the trigger points and pain patterns of nearly 100 muscles with this practical reference guide. Over 200 illustrations help students and practitioners identify common location of a trigger point in a particular muscle belly, possible causes of trigger points, symptoms and indications, pain pattern, and associated trigger points.

## Videos

- [Trail Guide to the Body, 6th Edition instructor palpation videos](#) - Author Andrew Biel coaches students how to locate and palpate 91 muscles, as well as bony landmarks, through these online video clips. The video series also features more than 200 illustrated muscle overlay images from the textbook.